

20th Asian Games Aichi-Nagoya 2026

Sailing Competition

23 September – 3 October 2026

Notice of Race

Version 25/03/2025

Change log

4.2,4.3,4.7

Version 16/06/2026

Change log

1.1.5,5.1,6.1,6.2,6.3,7.7,10.2, 12.3.2, 12.3.3, 12.3.4, 13.2,13.6,20.1, Addendum 1, Addendum 2, Addendum 3

The Organizing Authority (OA) is the 20th Asian Games Aichi-Nagoya Organizing Committee, in conjunction with the Olympic Council of Asia (OCA), World Sailing and the Asian Sailing Federation (ASAF).

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS). Other documents under RRS Definition Rule (g) include:
 - 1.1.1 [DP] [SP] The 20th Asian Games Aichi-Nagoya 2026 – Equipment Regulations (ER).
 - 1.1.2 [DP] The 20th Asian Games Aichi-Nagoya 2026 – Support Team Regulations (including Support Vessels) (STR).
 - 1.1.3 [NP] [DP] [SP] The 20th Asian Games Aichi-Nagoya 2026 – Athlete Media Regulations (AMR).
 - 1.1.4 [DP] The 20th Asian Games Aichi-Nagoya 2026 – Competition Area Regulations (CAR).
 - 1.1.5 For Finals World Sailing Appendix MR Umpired Finals Racing available on the World Sailing website (www.sailing.org) applies and changes a number of racing rules. A link to the version that is current when the regatta begins will appear in the Notice Board.
- 1.2 [DP] [NP] The Olympic Council of Asia (OCA) constitution, rules and its by-laws will apply. If there is a conflict between the rules of OCA and World Sailing, the World Sailing constitution and regulations shall apply.
- 1.3 No National Authority prescriptions will apply.
- 1.4 In all rules governing this regatta,
 - 1.4.1 Both “athlete” and “competitor” mean a person competing, or intending to compete, in the regatta.
 - 1.4.2 [SP] denotes a rule for which a standard penalty may be applied by the Race Committee or Technical Committee without a hearing or a discretionary penalty applied by the International Jury with a hearing (this changes RRS A5);

1.4.3 [NP] denotes a rule that shall not be grounds for protests by a boat and for which the International Jury may refuse to hold a hearing. This changes RRS 60.1.

1.5 The Equipment Rules of Sailing (ERS) will apply.

1.6 RRS Appendix P, Special Procedures for Rule 42 will apply.

1.7 For the Skiff Events, RRS 44.1 and RRS P2.1 are changed so that the Two-Turn Penalty is replaced by a One-Turn Penalty.

1.8 In RRS 44.2 insert after the first sentence: ‘However, if Mark 1a is set, a boat may take a penalty for an incident in the zone around Mark 1 or on the leg between Mark 1 and Mark 1a, as soon as possible after leaving the zone around Mark 1a’.

1.9 For the Windsurfing Events, RRS Appendix B applies, except that RRS B5 60.2(a)(1) is deleted.

1.10 RRS 90.3(e) shall apply.

1.11 Championships rules of the relevant class association will not apply.

1.12 If there is a conflict between languages the English text will take precedence.

2. [DP][NP] EVENT ADVERTISING

2.1 Athletes advertising will be restricted to World Sailing Advertising Code.

2.2 Boats may be required to display advertising supplied by the Organizing Authority.

2.3 While afloat, athletes may be required to wear bibs provided by the Organizing Authority over their PFD.

3. COMMUNICATION

3.1 The Official Notice Board (ONB) is located on the [racingrulesofsailing.org](https://www.racingrulesofsailing.org) website at <https://www.racingrulesofsailing.org/documents/10653/event> .

3.2 [DP]The 20th Asian Games Aichi-Nagoya 2026 Support Team Regulations will be available no later than the 30 June 2026 on the Official Notice Board.

3.3 [DP]The 20th Asian Games Aichi-Nagoya 2026 Competition Area Regulations and the 20th Asian Games Aichi-Nagoya 2026 Official Vessel Regulations will be available no later than 30 June 2026 on the Official Notice Board.

3.4 [DP]The 20th Asian Games Aichi-Nagoya 2026 Athlete Media Regulations will be available no later than the 30 June 2026 on the Official Notice Board.

3.5 [DP]The 20th Asian Games Aichi-Nagoya 2026 Equipment Regulations will be available no later than 30 June 2026 on the Official Notice Board.

3.6 Other documents governing the regatta will be published on the Official Notice Board no later than 30 June 2026.

3.7 [DP] From the first warning signal until the end of the last race of the day, except in an emergency or when using equipment provided by the Race Committee or the Organising Authority, a boat shall not make voice, radio or data transmissions and shall not receive voice, radio or data communication that is not available to all boats. This restriction also applies to mobile telephones.

4. ELIGIBILITY, ENTRY AND REGISTRATION

4.1 The regatta consists of 14 Events, including six (6) Male's Events, six (6) Female's Events and two (2) Mixed Events as follows:

EVENT	EQUIPMENT
Mix Dinghy	470
Youth Mix Dinghy	420
Men's Skiff	49er
Boys' Skiff	29er
Women's Skiff	49erFX
Girls' Skiff	29er
Men's Dinghy	ILCA 7
Boys' Dinghy	ILCA 4
Women's Dinghy	ILCA 6
Girls' Dinghy	ILCA 4
Men's Windsurfing	iQFOiL
Boys' Windsurfing	iQFOiL Youth
Women's Windsurfing	iQFOiL
Girls' Windsurfing	iQFOiL Youth

- 4.2 Athletes in the Boys' and Girls' Dinghy Events shall be **born in 2009 or later**. Proof of age will be required at registration.
- 4.3 Athletes in the Boys' and Girls' Windsurfing, Boys' and Girls' Skiff and Youth Mix Dinghy Events shall be **born in 2008 or later**. Proof of age will be required at registration.
- 4.4 Athletes and their support teams shall be entered via their respective National Olympic Committees (NOCs) affiliated with the OCA. The Member National Authorities (MNAs) of those NOCs shall be in good standing with World Sailing and ASAF, failing which they will not be eligible to enter the Regatta.
- 4.5 Unless otherwise approved in writing by the OCA and World Sailing together, each athlete shall be a national of the country they represent (see World Sailing Eligibility Code). Each athlete shall provide proof of their nationality during registration and whenever World Sailing requests it.
- 4.6 World Sailing Eligibility under World Sailing Eligibility Code is required. Each athlete shall be registered as a World Sailing Sailor on the World Sailing website.
- 4.7 Each NOC may enter one (1) boat per Event. For the Mix Events, each athlete from each Event shall be of different genders. The total number of athletes per NOC shall not exceed **20 (ten male and ten female)**.
- 4.8 The Asian Sailing Federation and AINAGOC will accept up to a total of 144 athletes.
- 4.9 Entries shall be submitted by each NOC in accordance with the policy or instruction of OCA and sending it to sports entry team (E-mail: ainagoc-

sailing@aichinagoya2026.org (starting from April 2025)), considering the following deadlines (Tokyo time, GMT +9):

4.9.1 Entry by Sport – is scheduled to start in April 2025.

4.9.2 Entry by Number – is planned for the fourth quarter of 2025.

4.9.3 Entry by Name – will take place between May and July 2026.

Any late forms, additional applications or other alterations shall not be accepted after the deadline when advised by the OA.

- 4.10 For One Person events, crew substitution is not permitted. For Two Person events crew substitution is not permitted except in case of proven injury or illness and approved by the Organizing Authority in writing prior to the end of the first team leaders meeting.
- 4.11 [DP][NP]Athletes and their support team shall complete registration at the registration desk in the venue from 0900h to 1800h before 25th September 2026. Each NOC shall be accompanied by a team leader, who may complete the registration on behalf of the NOC with all necessary documents. Athletes who have not registered within this period may not be allowed to participate in the regatta.
- 4.12 Only accredited athletes and support team persons shall have access to the venue and residential areas.
- 4.13 For the purpose of the RRS Definition, a Support Person includes any person holding accreditation for the regatta. The NOC shall nominate their Support Personal.
- 4.14 The Medical Treatment Permission and Medical History forms shall be submitted for each athlete no later than the close of registration. This form does not give dispensation for taking prescribed medication. For medication declarations, please follow procedures as given in the World Sailing Anti-Doping Rules.

5. FORMAT

- 5.1 The regatta will consist of an opening series and, provided a minimum of 6 races have been completed in the qualification series, a finals for the Women's Dinghy Event (ILCA6) and the Men's Dinghy Event (ILCA7). The top ten ranked boats at the end of the qualification series of the Women's Dinghy Event (ILCA6) and the Men's Dinghy Event (ILCA7) will progress to the Finals. The qualification series may be extended if less than 6 races have been completed.

6. SCHEDULE

- 6.1 The schedule is as follows (see also the Notice of Race Addendum 1):

Date	Action	Time
2 September 2026	Venue Opens September 2 to The venue will provide storage of containers and other equipment	TBD
4 September 2026	Field of Play Opens NOC delegations can arrange unofficial training sessions.	
15 September 2026	ILCA 6 & 7 draw NOC delegations can arrange unofficial training sessions	
19 September 2026	ILCA 6 & 7 boats available	
23 September 2026	Registration and Equipment Inspection	1300h – 1700h
24 September 2026	Registration and Equipment Inspection Team Leaders meeting	1000h – 1700h 1000h
25 September 2026	Registration and Equipment Inspection Team Leaders meeting	1000h – 1700h 1000h
26 September-3 October 2026	Team Leaders meeting Competition days (see Notice of Race 6.3)	1000h
2 & 3 October 2026	Victory Ceremonies	1600h
4 October 2026	Field of Play closes	

- 6.2 From 24th September 2026, there will be a daily team leaders meeting/coaches meeting at 1000h. The location will be defined in the Sailing Instructions.
- 6.3 The first warning signal of each competition day will be 1100h. No warning signal will be made after 1600h on each competition days except on the last day of competition of each class no warning signal will be made after 1400h.
- 6.4 The Race Committee may change the schedule to bring forward any number of races. The Race Committee may schedule racing on a reserve day.

7. EQUIPMENT INSPECTION

- 7.1 This regatta is an international event for the purpose of RRS G1.1(b).
- 7.2 A Technical Committee shall be appointed in accordance with RRS 92.
- 7.3 [NP] [DP] [SP] Boats shall be available for inspection in accordance with Notice of Race 6.1 and the Equipment Inspection Schedule.
- 7.4 The procedures for inspections will be specified in the 20th Asian Games Aichi-Nagoya 2026 Equipment Regulations.
- 7.5 The fact that race officials may conduct inspections of a boat does not reduce the responsibilities of each competitor set out in the rules.
- 7.6 [NP] 470 boats shall produce a valid measurement certificate, which for the 470 Class includes the completed measurement form. RRS 78.2 is deleted and replaced by:
“When a rule requires a valid certificate to be produced or its existence verified, the certificate must be produced before the boat races. If the certificate is not produced or verified before the boat races, the boat shall be disqualified from all races of the event unless the International Jury is satisfied there are exceptional circumstances.”
- 7.7 [SP] ILCA 6 & 7 shall supply and display national flags as specified in the ILCA Class Rules 4 (h)

8. SAILING INSTRUCTIONS

- 8.1 The Sailing Instructions will be first published after 1st September 2026 on the ONB.

9. VENUE

- 9.1 The sailing competition will take place at the Kaiyoh Yacht Harbour.
- 9.2 The racing areas will be the waters in front of the venue. See the Notice of Race Addendum 2.

10. THE COURSES

- 10.1 The course will be windward/leeward, slalom or trapezoid variants with optional finishing legs.
- 10.2 The target times in minutes are:

Event	Opening Series	Finals
Mix/Youth Mix Dinghy	45	
Men's/Boys' Skiff	30	
Women's/Girls' Skiff	30	
Men's/Women's Dinghy	30-35	13-15

Boys' /Girls' Dinghy	40	
Windsurfing Events		
- Course race	15	
- Slalom race	3-4	

11. INTERNATIONAL JURY

11.1 An International Jury will be appointed in accordance with RRS 91(b). Its decisions will be final as provided in RRS 70.3.

12. SCORING

12.1 RRS Appendix A will apply. RRS B8 is deleted.

12.2 One race is required to be completed to constitute the regatta.

12.3 For Dinghy Events and Skiff Events:

12.3.1 When fewer than four opening series races have been completed, a competitor's series score will be the total of her race scores. When four or more opening series races have been completed, a competitor's score will be the total of her race scores, excluding her worst score.

12.3.2 In the finals, the current LA 28 scoring system shall be used.

12.3.3 The boats assigned to compete in the Finals will be ranked highest in the regatta except for a boat disqualified from the Finals under RRS 6 or 69.

12.4 The scoring for Windsurfing Events will be defined in the Sailing Instructions.

13. [DP][NP] SUPPORT TEAMS (INCLUDING SUPPORT VESSELS)

13.1 A support vessel includes any vessel that is under the control or direction of a support person (as defined in the RRS), including any person gathering data that may be used at later time.

13.2 No more than seven (7) support vessels per National Olympic Committee entered may be registered.

The table below shows the number of support team vessels a NOC may register based on the number of entries they have: Total Number of Entries Support Vessels. Support vessels are permitted to carry one or more support persons from other competing National Olympic Committee that do not have a registered support vessel for that Event.

Total Number of Entries	Support Vessels
1	1
2 - 3	2

4 - 6	3
7 - 9	4
10 - 12	5
13 - 15	6
16 - 20	7

- 13.3 Support vessels shall be registered at the register desk on the Registration Day. The Organizing Authority may, at its discretion, refuse to register support vessels not deemed to be suitable.
- 13.4 Support vessels shall display the 3-letter code of their NOC clearly visible on both sides of the vessel in strongly contrasting colours at all times while afloat. The minimum height for the letters shall be 200mm.
- 13.5 It is mandatory that PFDs shall be worn by all personnel on board support vessels at all times when afloat.
- 13.6 For safety reasons, support vessel shall carry on board: PFDs, VHF radio., first-aid kit, whistle, tow rope, adequate anchor and tackle, engine safety cut out switch and tether (kill chord), any additional safety equipment required by local maritime law and adequate fuel.
- 13.7 The engine safety cut out switch and tether (kill chord) shall be securely attached to the driver at all times when the engine is running and in gear. It is strongly recommended that the kill chord is used at all times when the engine is running.
- 13.8 The use of support person’s drone is prohibited.

14. PRIZES

- 14.1 Gold, Silver and Bronze medals will be awarded to the athletes ranked top three in each Event.
- 14.2 Other prizes may be awarded at the discretion of the Organizing Authority.

15. DOPING CONTROL

- 15.1 Athletes are reminded of the World Sailing rules and regulations concerning the use of banned methods and substances, which are contained in the World Sailing Anti-Doping Code.
- 15.2 Doping control may take place during the regatta.

16. RISK STATEMENT

- 16.1 Competitors and support persons participate in the event entirely at their own risk. RRS 3 states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.” Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- 16.1.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 16.1.2 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 16.1.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- 16.1.4 By participating in any race, they are satisfied that their boat is in good order, equipped to sail in the event and they are fit to participate;
- 16.1.5 The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organizer does not relieve them of their own responsibilities;
- 16.1.6 The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- 16.1.7 It is their responsibility to familiarize themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

17. [DP][NP] INSURANCE

- 17.1 Each 'person in charge' (as defined in RRS 46) shall hold a valid insurance certificate showing proof of third-party liability coverage of at least USD 250,000 per incident.
- 17.2 Each support vessel shall have a valid insurance including third party liability coverage of at least USD 250,000 per incident.
- 17.3 The Organizing Authority is not responsible for verifying the status or validity of certificates. The Organizing Authority will not arrange insurance for NOCs who fail to arrange their own insurance.

18. [DP][SP][NP] MEDIA RIGHTS, CAMERAS AND ELECTRONIC EQUIPMENT

- 18.1 By participating in this competition, athletes and their support person automatically grant to the Organizing Authority, Asian Sailing Federation, World Sailing and their sponsors, the right in perpetuity to make, use, and show, from time to time at their discretion, any motion pictures and live, or recorded television and other reproductions of them during the period of the competition without compensation.
- 18.2 Boats and athletes may be required to carry cameras, sound equipment or positioning equipment as specified by the Organizing Authority.
- 18.3 The equipment provided, once placed on the boat as instructed by the Organizing Authority, shall not be manipulated by the athletes or the support person in any way.
- 18.4 Athletes may be required for interviews at the regatta.

19. AMENDMENTS TO THE NOTICE OF RACE

- 19.1 This Notice of Race may be changed. Changes will be posted on the regatta website.

20. CONTACT DETAIL

20.1 Team leader, Team manager or designated person as point-of-contact for each NOC shall provide an e-mail address and mobile phone number to Competition Manager below. If you have any questions, please fill in the online inquiry form below.

Competition Manager	Ando Jun
Phone	TBD
E-mail	email: ainagoc-sailing@aichi-nagoya2026.org (starting from April 2025)
Inquiry form	https://forms.office.com/r/wBRnKJ7Q5D

21. OLYMPIC QUALIFICATION

21.1 Any and all Olympic qualification matters are made according to the Qualification System – Games of The XXXIV Olympiad – Sailing available at www.sailing.org. Attention is drawn to the Qualification Pathway.

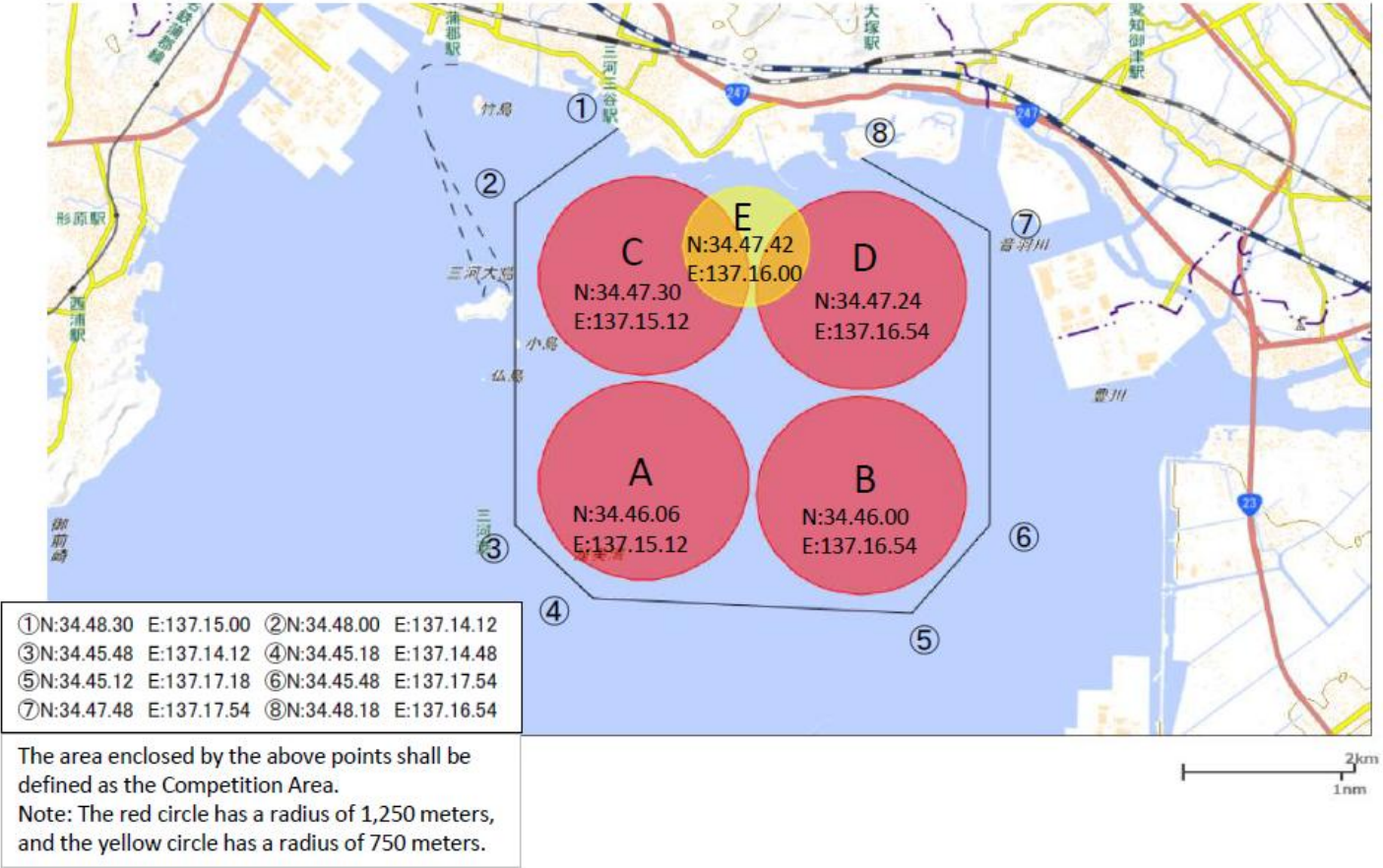
Notice of Race Addendum 1

Competition and Equipment Inspection Schedule

Event	Registration & Equipment Inspection	Racing (including reserve days)	Number of Races
Registration	23 Sep-28 Sep (class dependant)		
Equipment Inspection	23 Sep – 3 Oct		
Mix Dinghy		26 Sep- 2 Oct	10
Youth Mix Dinghy		27 Sep -3 Oct	12
Men's Skiff		26 Sep- 1 Oct	12
Women's Skiff		26 Sep- 1 Oct	12
Boys' Skiff		26 Sep- 2 Oct	12
Girls' Skiff		26 Sep- 2 Oct	12
Men's Dinghy		26 Sep- 2 Oct	8 + Finals
Boys' Dinghy		27 Sep -3 Oct	12
Women's Dinghy		26 Sep- 2 Oct	8 + Finals
Girls' Dinghy		27 Sep -3 Oct	12
Men's Windsurfing		29 Sep-3 Oct	20
Boys' Windsurfing		29 Sep-3 Oct	20
Women's Windsurfing		29 Sep-3 Oct	20
Girls' Windsurfing		29 Sep-3 Oct	20

Notice of Race Addendum 2

The Racing Areas (Field of Play)



Notice of Race Addendum 3

Supplied Equipment for ILCA 6 & 7

All competitors must race with the ILCA6 & ILCA7 dinghies, which have been provided by ASAF, JSAF, the Organising Committee, together with Performance Sailcraft Japan (PSJ - licensed builder for ILCA Dinghy).

Please note that this offer is not valid for the ILCA 4, it is valid only for ILCA 6 and ILCA 7 boats.

There will be no Charter Fees. A damage deposit of EUR 500 or USD 600 per boat will be collected in cash during boat issue. (Damages or repair charges may be deducted from this deposit; any excess shall be paid in full upon boat return.

The supplied equipment is as follows:

- Boats will be supplied on a launching trolley as a hull with a self-bailer, padded hiking strap,
- spars (upper mast, lower mast and boom),
- foils: daggerboard, rudder head & rudder blade,
- mainsheet side cleats (on request),
- control line deck block fitting with blocks and
- control line deck cleat fitting with cleats.
- Boats will be provided with a composite upper mast
- ILCA 6 will be provided with a composite lower mast
- All other spars will be aluminium

Competitors must provide their own:

1. sail and battens, sail numbers, country letters & country flag
2. ropes, boom vang, mainsheet block with spring or similar, traveller blocks and line, tiller and tiller extension, outhaul and cunningham control set, dagger board retainer, mast retainer and adjustment rope/shock-cord for hiking strap.
3. Competitors may request that the charter boat be provided with a builder-supplied padded hiking strap or may provide their own hiking strap, which must be installed by the service provider. The boats will be issued by means of a random electronic draw around Sept 15th, and boats will be available from Sept 19th.

All terms & conditions for the use of the supplied equipment shall be detailed on the Charter Form to be agreed & signed for by the competitor when receiving their equipment.